

Monthly Parish Newsletter

Our Lady & St Chad

Kirkbymoorside, and

St Mary's Helmsley

July 2026



Mass times: all welcome

Sundays 9.00am | St Mary's,

Helmsley

Sundays 10.30am | Our Lady and St
Chad, Kirkbymoorside

Wednesdays 12.00 noon | Our Lady
and St Chad, Kirkbymoorside

Fridays 12.00 noon | St Mary's,
Helmsley

Sundays (Year A) & Feast Days:

Wed 1	Saint Oliver Plunket, Bishop, Martyr
Sun 5	14th Sunday in Ordinary Time
Mon 6	Saint Maria Goretti, Virgin, Martyr
Thu 9	Saint Augustine Zhao Rong and his Companions, Martyrs
Sat 11	Saint Benedict, Abbot, Co-Patron of Europe Feast
Sun 12	15th Sunday in Ordinary Time
Mon 13	Saint Henry
Tue 14	Saint Camillus of Lellis, Priest
Wed 15	Saint Bonaventure, Bishop, Doctor
Thu 16	Our Lady of Mount Carmel
Sat 18	Saturday memorial of the Blessed Virgin Mary
Sun 19	16th Sunday in Ordinary Time
Mon 20	Saint Apollinaris, Bishop, Martyr
Tue 21	Saint Laurence of Brindisi, Priest, Doctor
Wed 22	Saint Mary Magdalen Feast
Thu 23	Saint Bridget of Sweden, Patroness of Europe Feast
Fri 24	Saint Charbel Makhlouf, Priest
Sat 25	Saint James, Apostle Feast
Sun 26	17th Sunday in Ordinary Time
Wed 29	Saints Martha, Mary and Lazarus
Thu 30	Saint Peter Chrysologus, Bishop, Doctor
Fri 31	Saint Ignatius Loyola, Priest

Thought for the month:

"The apostles rejoined Jesus and told him all they had done and taught, and he said to them: 'Come away to some lonely place all by yourselves and rest for a while', for there were so many coming and going that there was no time for them even to eat." (Mk 6:30)

Holiday time is upon us, when we too withdraw from the busy-ness of our lives or at least look forward to a refreshing change from the routine. There are of course, so many people for whom a holiday can be no more than a hope, or a dream, or maybe they do not know what a holiday is. We too, can lose sight of what a holiday is. The old English term 'haligdaeg' we are told, translates as 'holy day' and were sacred days of rest and re-creation; a time to give thanks and praise to God for the harvest or some other good in our lives - not unlike the Sundays - set aside as a day of rest and Thanksgiving (Eucharist). Of course, today, the holiday is a time for a break; but during that break, let us not forget to find time to give thanks for the good gifts God has given us over the year, including the holiday itself, and to pray for his help to cope with the 'not so good' things that have happened. Let our priority be to locate and attend the nearest Catholic Church so that we can, more fully, take Christ up on his invitation to 'Come away ... and rest awhile ... with me.' But if we cannot find a church, then take something that has the Mass e.g. a missal, a Mass sheet, the 'Universalis' app, and pray the Mass with family and friends. For those on holiday, may you have the most blessed time away, and for those at home, may you have blessed rest.

With prayers, Fr Raphael

More information can be found on our website www.stchadkms.co.uk

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Events and Information:

Weekday mass: weekday mass is Wednesdays 12.00 noon at Our Lady and St Chad, Kirkbymoorside and Fridays 12.00 noon at St Mary's, Helmsley. Everyone is very welcome. **Mass online** is available at: [Bishops' Conference Daily Online Mass Directory →](#) or [Ampleforth Abbey Liturgy YouTube →](#)

Meditation continues most Saturdays at 10.30 in St Chads House, Kirkbymoorside. We listen to a talk for 10 minutes or so, followed by silent meditation for 20 minutes, following the World Community for Christian Meditation approach. Everyone is welcome: please ask Fliss or Shelia to check dates to join.

Foodbank: Ryedale Community Food bank - please look out for the Foodbank collection bins when you shop at local supermarkets or leave donations in the church porch; both at St Chad's and St Mary's. St Chads are aiming for as many as possible to bring **at least 2 tins every Sunday in July**. You can find a list of the most needed and preferred items in the porch. For information: there is a Foodbank distribution centre in Kirkbymoorside, in the Methodist Church, open every Thurs from 9.30 to 11.30am.

Ryedale Catholic Parishes: on Thursday 2nd July, parishioners and priests from Malton, Pickering, Kirkbymoorside, Helmsley and Ampleforth met together to consider how we can pray and work together better. There is a lot going on across the different parishes; watch this space for updates. Our first decisions were: to link up the communications between the parishes better (a shared comms group), and to meet again for prayer and further socialising – date to be confirmed soon.

St Chads book club will be meeting on 14th July when we will be discussing "In Memoriam " by Alice Winn, followed by our annual picnic. Julie can provide more information if needed.

Date for your diary: our annual 'get together' across both parishes is proposed for Sunday 4th October - after Sunday mass at St Chads. Please put this date in your diary; we would be delighted to see you there – there will be tea, cake and opportunity to get together.

New rota: At St Mary's, there is a **new rota** for reading, flowers, cleaning and welcoming.

Have you looked at the wonderful carved **Stations of the Cross** in St Mary's? A picture of the first Station is at the top of this newsletter, and their story is in the porch.

For parish emergencies please phone 07944255541 or email raphael@ampleforthabbey.co.uk

If anyone would like the newsletter by email, please request via stchadsppc@gmail.com or ask Fliss. There is also a large print version of the newsletter available if needed - please ask.

Offertory Cash Collections:

May 2026 collection:

St Mary's	£105
St Chad's	£314

Newsletter Items for August: Please send or give any items for the next Newsletter by **Friday 31st July** – to the St Chad's "Newsletter" box (back of church), Julie (St Chads), Fliss (St Marys), or send to stchadsppc@gmail.com

More information can be found on our website www.stchadkms.co.uk